

# 24-Hour NurseLine

It's a good feeling to know our caring nurses are there to offer you advice when you need it.

The 24-Hour NurseLine is fast, free, confidential and available any time, any day.



Call **800-841-8343** for:

## Helpful information

Nurses will answer your questions and offer the information you need to manage your health conditions.

## Advice on when and where to get treatment

Get advice from a registered nurse about when and where to seek treatment for an injury or illness.

## FREE and CONFIDENTIAL

All calls to the 24-Hour NurseLine are free and always remain confidential.

## Accessible 24 hours a day, 7 days a week

The 24-Hour NurseLine phone number is listed on the back of your Premera ID card for your convenience.



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**TRUST**

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We're here. We're with you.